

## Advice for customers

Now that warmer weather has arrived, here are a few tips for staying comfortable onboard.

- Please carry water with you.
- Don't board a train if you feel unwell. If you become ill onboard, it is more difficult for us to provide support and this could also delay hundreds of other people.
- If you do feel unwell on board, get off at the next stop and seek assistance.
- Please avoid using the passenger emergency alarm between stations as help can be more easily provided at a staffed station.
- Close train doors behind you this helps the air cooling to work more effectively.

